
PSALMS | AMEN Bible Study 2018-19

A Mighty Fortress is Our God

Psalm 46

January 17th, 2019

Scripture Introduction:

- I. **Remember who God is!** (Psalm 46:1-3)
 - **Three Realities about God** (Psalm 46:1)
 - **Our Refuge**
 - **Our Strength**
 - **A very Present Help** (c.f. Psalm 23:4)
 - **Application: Our response must be to Trust God** (Psalm 46:2-3; c.f. Psalm 27:1; Psalm 56; Isaiah 40:30-31; Rom 8:35)

- II. **Rest in what God has done!** (Psalm 46:4-11)
 - **He Provides His Presence** (Psalm 46:4-5)
 - **It Satisfies** (Psalm 46:4; C.f. Psalm 1)
 - **It Sustains** (Psalm 46: 5; C.f. Hebrews 12:26; 2 Cor. 12:7-10)
 - **He Conquers His and Our Enemies** (Psalm 46:6, 9)
By His Word Alone (Psalm 2:4-5)
 - **He Affects Peace** (Psalm 46:10-11)
 - **A Warning to the World**
 - **A Call for His People**

- III. **Behold Jesus**
 - **Immanuel** (Matthew 1:23)
 - **The River** (John 4:13-14)
 - **Prince of Peace** (Psalm 46:10-11; John 14:27; 16:23)

Discussion Questions

1. When your life seems to be crumbling, how do you react? What “empty” safe house do you usually run to first?
2. Which of the promises mentioned in Psalm 46 do you have the most trouble believing?

3. Why does the Psalmist use cosmic-scope language to describe “trouble” in verses 2 and 3?
4. How does observing God’s divine activity (deliverance) in the past produce in faith in the present and hope for the future?

Going Deeper

1. How often are you *still* before God? What intentional steps can you take to make time for “stillness”?
2. There are many biblical themes in Psalm 46 (The power of God’s Word, The River of Life, God’s Presence, and Covenant). How do the promises embedded in these themes comfort you?