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## PSALMS | AMEN Bible Study 2018-19

### David Among the Philistines: Fear

#### *Psalm 56*

February 14<sup>th</sup>, 2019

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#### Scripture Introduction:

- I. **Trust in God and His Word** transforms our **fear** into **faith** (Psalm 56: 1-5)
  - **The Voices of Fear:** (vv.1-2, 5)
    - **Physical harm**
    - **Emotional pain**
      - **Slander**
      - **Duration**
      - **Isolation**
  - **Defiant Faith:** (vv.3-4, 9-11; 2 Tim 3:16; Eph. 1:4; John 3:16; Is. 53:3; Rom 4: 25; 8:31)
    - **The Object of Faith is God**
    - **The Content of Faith is God's Word**
- II. **We can trust God in the middle of every trial** (Psalm 56:1-13)
  - **God's providence extends over all things** (2 Chron. 16:9; Matt 6:26; WSC Q# 11)
  - **God uses trials for our benefit** (Psalm 34:18; Micah 5:13; Mark 9:49; 1 Pt. 1:6-7)
- III. **We can trust God is compassionate and has concern for us** (Psalm 56:7-9)
  - **God sees you** (v.8a; Psalm 139:1-2)
  - **God cares about you** (v.8b; Matt. 10:29)
  - **God will ultimately deliver you from every trial** (vv.7, 9, Psalm 126:5; Rev 21)
- IV. **In response to God's grace and the gift of His Word, we give thanks!** (Psalm 56:12-130)
  - **Three reasons to give thanks:**
    - **In Christ, He has delivered you from death** (v.13; Col. 1:13)
    - **In Christ, He preserves you** (v.13b; John 6:37; Phil 1:6)
    - **In Christ, He has given you abundant life** (v.13c; John 8:12)

#### Discussion Questions

1. What are the "voices of fear" for you? Do you fear things that can tangibly hurt you or be taken away from you? Do you suffer from emotional pain?
2. Where do you typically take your fear? Where do you try to find respite?
3. How was David's faith defiant?
4. The content of David's faith in God was the Word of God. He clung to the promises God gave him. What promises of God do you need to cling to today?

## Going Deeper

1. If you want to know what it looks like to treasure God's Word, linger in Psalm 119. Maybe the most precious of all 176 verses are when the writer talks about the power of God's Word to calm our fears. Look up Psalm 119: 28, 107, 114, 147 & 161.
  - a. What do these verses teach you?
  - b. Is there anything you treasure more than God's Word?
  - c. How can you refocus your heart on the treasure of God's Word?