

FREE AT LAST! THE MESSAGE OF GALATIANS
April 22, 2010

The Fruitful Gospel: Self-Control – Galatians 5:16-26

I. The Spirit-filled man is self-controlled.

5:22

“But the fruit of the Spirit is...self-control...”

cf. Acts 24:25; II Peter 1:6; Titus 1:8; II Tim. 3:3

The classical approach:

Source of good - intuitive.

Life must be balanced.

Actions are important.

The goal is man's honor.

The Christian approach:

Source of good - divine.

Life must be Christ-centered.

Actions and motives are important.

The goal is God's glory.

II. Self-control includes all of self.

A. What we do.

1. Sex

cf. Gal. 5:19-21; I Cor. 7:9; I Thess. 4:3-8

2. Food and drink

cf. Eph. 5:18; Phil. 3:18, 19

3. Speech

cf. Eph. 4:29; James 3:1-12

4. Spending

cf. Luke 12:13-21; I Tim. 6:17-19

5. Controlling

cf. Matt. 20:24-28

B. What we think.

1. Lust

cf. Matt. 5:27-30; I John 2:15-17

2. Anger

cf. Matt. 5:21-26; Eph. 4:26, 27

3. Greed and envy

cf. I Tim. 6:6-10; Matt. 27:18; Gal. 5:21, 26; James 3:16

4. Worry and fear

cf. Matt. 6:25-34; 10:28-31

C. What we worship.

cf. Gal. 5:20

1. Our affections

cf. Matt. 6:33

2. Our disciplines

cf. I Cor. 9:25

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| • Worship | • Word |
| • Prayer | • Fellowship |
| • Ministry | |